**Ultrasound guided regional anaesthesia workshop (1) – Basic blocks of the upper/lower limb and trunk**  

***IMPORTANT NOTICE: access is limited to pre-registered delegates***

**Chair:**  
Patrick Scheiermann (Munich, Germany)  
Roland Tomasi (Munich, Germany)

**Upper limb blocks**
- Station 1: Interscalene brachial plexus and upper trunk blocks
- Station 2: Axillary brachial plexus block

**Trunk blocks**
- Station 3: PEC, Serratus plane and ESP blocks
- Station 4: Four quadrant transversus abdominis plane block

**Lower limb blocks**
- Station 5: Fascia iliaca and femoral nerve blocks
- Station 6: Distal sciatic nerve and iPACK blocks

**Instructors:**
- Thomas Schachtner (Munich, Germany)
- Thomas Irlbeck (Straubing, Germany)
- Benedikt Mayer (Munich, Germany)
- Christoph Kimberger (Regensburg, Germany)
- Thomas Saller (Munich, Germany)
- Martin Fuchs (Borna, Germany)
**Fascia plane blocks: fact or fiction? (Pro-Con)**

**Chair:**
Tatiana Sidiropoulou (Athens, Greece)

**Pro:** fact
Kariem El-Boghdadly (London, United Kingdom)

**Con:** fiction
William Harrop-Griffiths (London, United Kingdom)

**Ultrasound guided regional anaesthesia workshop (2) – Basic blocks of the upper/lower limb and trunk**

**Chair:**
Patrick Scheiermann (Munich, Germany)
Roland Tomasi (Munich, Germany)

**Upper limb blocks**
Station 1: Interscalene brachial plexus and upper trunk blocks
Station 2: Axillary brachial plexus block

**Trunk blocks**
Station 3: PEC, Serratus plane and ESP blocks
Station 4: Four quadrant transversus abdominis plane block

**Lower limb blocks**
Station 5: Fascia iliaca and femoral nerve blocks
Station 6: Distal sciatic nerve and iPACK blocks

**Instructors:**
Thomas Schachtner (Munich, Germany)
Thomas Irlbeck (Straubing, Germany)
Benedikt Mayer (Munich, Germany)
Christoph Kimberger (Regensburg, Germany)
Thomas Saller (Munich, Germany)
Martin Fuchs (Borna, Germany)
**Meet the Expert**

**Friday, 17 December**

**15:15 - 16:00**

**How to prevent bleeding complications in anticoagulated patients undergoing regional anaesthesia**

**Auditorium**

**Chair:**
Sibylle Kietaibl* (Vienna, Austria)

**Speaker:**
Thomas Volk (Homburg, Germany)

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**Workshop**

**Saturday, 18 December**

**09:00 - 12:00**

**Ultrasound guided regional anaesthesia workshop (3) – Basic blocks of the upper/lower limb and trunk**

**USRA Room**

**Chair:**
Patrick Scheiermann (Munich, Germany)
Roland Tomasi (Munich, Germany)

**Upper limb blocks**

**Station 1: Interscalene brachial plexus and upper trunk blocks**

**Station 2: Axillary brachial plexus block**

**Trunk blocks**

**Station 3: PEC, Serratus plane and ESP blocks**

**Station 4: Four quadrant transversus abdominis plane block**

**Lower limb blocks**

**Station 5: Fascia iliaca and femoral nerve blocks**

**Station 6: Distal sciatic nerve and iPACK blocks**

**Instructors:**
Carla Avila González (Augsburg, Germany)
Roland Tomasi (Munich, Germany)
Robert Zanner (Munich, Germany)
Andreas Schoefinius (Munich, Germany)
Markus Geuting (Bad Rappenau, Germany)
Peter Schwarzkopf (Borna, Germany)
**Lightning Talks**

**Saturday, 18 December**

14:00 - 15:00

**Analgesia in major intra-abdominal surgery**

**Chair:**
Luc Sermeus (Brussels, Belgium)

1. **Wound catheter**
Morne Wolmarans (Norwich, United Kingdom)

2. **Intrathecal opioids**
Tatiana Sidiropoulou (Athens, Greece)

3. **Epidurals**
Alan Macfarlane (Glasgow, United Kingdom)

4. **Rectus sheath/Quadratus lumborum block /Transverse abdominal plane block**
Eric Albrecht (Lausanne, Switzerland)

5. **What does “Prospect” say?**
Patricia Lavandhomme (Brussels, Belgium)

**Workshop**

**Saturday, 18 December**

14:00 - 17:00

**Ultrasound guided regional anaesthesia workshop (4) – Advanced lower limb blocks**

**Chair:**
Patrick Scheiermann (Munich, Germany)
Roland Tomasi (Munich, Germany)

**Anatomical introduction**
Carla Avila González (Augsburg, Germany)

**Station 1:** Psoas compartment block

**Station 2:** Suprainguinal fascia iliaca block

**Station 3:** Anterior hip capsule (PENG) block

**Station 4:** Proximal sciatic nerve block

**Station 5:** Distal sciatic nerve block

**Station 6:** iPACK block

**Instructors:**
Carla Avila González (Augsburg, Germany)
Roland Tomasi (Munich, Germany)
Robert Zanner (Munich, Germany)
Andreas Schoefinius (Munich, Germany)
Markus Geuting (Bad Rappenau, Germany)
Peter Schwarzkopf (Borna, Germany)
### The role of acute pain management in improving long-term outcomes

**Chair:**
Eric Albrecht (Lausanne, Switzerland)

**Does regional anaesthesia impact functional recovery and rehabilitation?**
Alan Macfarlane (Glasgow, United Kingdom)

**Development of chronic pain after the immediate postoperative period**
Patricia Lavandhomme (Brussels, Belgium)

**Does the type of block and/or the injected solution have an influence on the occurrence of chronic pain?**
Philipp Lirk (Boston, United States)

### Practical guidelines for suspected nerve injury

**Chair:**
Tatiana Sidiropoulou (Athens, Greece)

**Speaker:**
Eric Albrecht (Lausanne, Switzerland)
## Ultrasound guided regional anaesthesia workshop (5) – Advanced upper limb blocks

**IMPORTANT NOTICE: access is limited to pre-registered delegates**

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**Chair:**
- Patrick Scheiermann (Munich, Germany)
- Roland Tomasi (Munich, Germany)

**Anatomical lecture**
- Susanne Sujatta * (Bayreuth, Germany)

**Station 1:** From the interscalene block to phrenic nerve sparing blocks:
- Suprascapular nerve block
- Axillary nerve block

**Station 2:** Supraclavicular BP block and upper trunk block

**Station 3:** Proximal thoracic ESP block for shoulder and clavipectoral fascia block for clavicle

**Station 4:** Proximal infraclavicular: Costoclavicular and retroclavicular BP blocks

**Station 5:** Axillary BP blocks plus intercostobrachialis nerve block

**Station 6:** Rescue blocks of the upper limb

**Instructors:**
- Susanne Sujatta * (Bayreuth, Germany)
- Rainer Litz (Augsburg, Germany)
- Stephan-Andreas Schöniger (Augsburg, Germany)
- Thilo Geiser (Murnau, Germany)
- Philip Lang (Bamberg, Germany)
- Raoul Breitkreutz (Frankfurt, Germany)
**Ultrasound guided regional anaesthesia workshop (6) - Advanced trunk blocks**

**IMPORTANT NOTICE: access is limited to pre-registered delegates**

**Chair:**
Patrick Scheiermann (Munich, Germany)
Roland Tomasi (Munich, Germany)

**Anatomical introduction**
Rainer Litz (Augsburg, Germany)

**Station 1: Lumbar neuraxial block**
**Station 2: Thoracic paravertebral block**
**Station 3: ESP and retrolaminar blocks**
**Station 4: PECs and Serratus plane blocks**
**Station 5: Quadratus lumborum blocks (QLB1, 2 and 3)**
**Station 6: Abdominal wall blocks**

**Instructors:**
Susanne Sujatta * (Bayreuth, Germany)
Rainer Litz (Augsburg, Germany)
Stephan-Andreas Schöniger (Augsburg, Germany)
Thilo Geiser (Murnau, Germany)
Philip Lang (Bamberg, Germany)
Raoul Breitkreutz (Frankfurt, Germany)