



## REGIONAL ANAESTHESIA Learning Track 3

w	USRAW1 Workshop	Friday, 17 December 09:00 - 12:00	Ultrasound guided regional anaesthesia workshop (1) - Basic blocks of the upper/lower limb and trunk **IMPORTANT NOTICE: access is limited to pre-registered delegates
			<b>Chair:</b> Patrick Scheiermann (Munich, Germany) Roland Tomasi (Munich, Germany)
			Upper limb blocks
			Station 1: Interscalene brachial plexus and upper trunk blocks
			Station 2: Axillary brachial plexus block
			Trunk blocks
			Station 3: PEC, Serratus plane and ESP blocks
			Station 4: Four quadrant transversus abdominis plane block
			Lower limb blocks
			Station 5: Fascia iliaca and femoral nerve blocks
			Station 6: Distal sciatic nerve and iPACK blocks
			Instructors: Thomas Schachtner (Munich, Germany) Sebastian Thon (Munich, Germany) Thomas Irlbeck (Straubing, Germany) Benedikt Mayer (Munich, Germany) Christoph Kimberger (Regensburg, Germany) Thomas Saller (Munich, Germany)
D	03D1 Pro & Con Debate	Friday, 17 December 14:00 - 15:00	Fascia plane blocks: fact or fiction? (Pro-Con)
			<b>Chair:</b> Tatiana Sidiropoulou (Athens, Greece)
			Pro: fact

Kariem El-Boghdadly (London, United Kingdom) Con: fiction William Harrop-Griffiths (London, United Kingdom)







W USRAW2 Workshop Friday, 17 December 14:00 - 17:00

# Ultrasound guided regional anaesthesia workshop (2) - Basic blocks of the upper/lower limb and trunk

\*\*IMPORTANT NOTICE: access is limited to pre-registered delegates

#### Chair:

Patrick Scheiermann (Munich, Germany) Roland Tomasi (Munich, Germany)

#### **Upper limb blocks**

Station 1: Interscalene brachial plexus and upper trunk blocks

Station 2: Axillary brachial plexus block

**Trunk blocks** 

Station 3: PEC, Serratus plane and ESP blocks

Station 4: Four quadrant transversus abdominis plane block

Lower limb blocks

Station 5: Fascia iliaca and femoral nerve blocks

Station 6: Distal sciatic nerve and iPACK blocks

#### Instructors:

Thomas Schachtner (Munich, Germany) Sebastian Thon (Munich, Germany) Thomas Irlbeck (Straubing, Germany) Benedikt Mayer (Munich, Germany) Christoph Kimberger (Regensburg, Germany) Thomas Saller (Munich, Germany)

ME 03ME1 Friday, 17 Meet the Expert December 15:15 - 16:00

#### How to prevent bleeding complications in anticoagulated patients undergoing regional anaesthesia



#### Chair:

Sibylle Kietaibl\* (Vienna, Austria)

Speaker: Thomas Volk (Homburg, Germany)





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USRAW3

Workshop

Saturday, 18 December 09:00 - 12:00 Ultrasound guided regional anaesthesia workshop (3) - Basic blocks of the upper/lower limb and trunk \*\*IMPORTANT NOTICE: access is limited to pre-registered delegates

Chair:

Patrick Scheiermann (Munich, Germany) Roland Tomasi (Munich, Germany)

Upper limb blocks

Station 1: Interscalene brachial plexus and upper trunk blocks

Station 2: Axillary brachial plexus block

**Trunk blocks** 

Station 3: PEC, Serratus plane and ESP blocks

Station 4: Four quadrant transversus abdominis plane block

Lower limb blocks

Station 5: Fascia iliaca and femoral nerve blocks

Station 6: Distal sciatic nerve and iPACK blocks

Instructors:

Carla Avila González (Augsburg, Germany) Roland Tomasi (Munich, Germany) Robert Zanner (Munich, Germany) Andreas Schoefinius (Munich, Germany) Markus Geuting ( Bad Rappenau, Germany) Peter Schwarzkopf (Borna, Germany)

Analgesia in major intra-abdominal surgery

03LT1 Saturday, 18 Lightning Talks December 14:00 - 15:00



Chair:					
Luc Sermeus (Brussels, Belgium)					
1. Wound catheter					
Morne Wolmarans (Norwich, Ur	rne Wolmarans (Norwich, United Kingdom)				
2. Intrathecal opioids					
Tatiana Sidiropoulou (Athens, G	ece)				
3. Epidurals					
Alan Macfarlane (Glasgow, Unite	Kingdom)				
4. Rectus sheath/Quadratus lur	orum block /Transverse abd	ominal plane block			
Eric Albrecht (Lausanne, Switzer	nd)	-			
5. What does "Prospect" say?					

Patricia Lavandhomme (Brussels, Belgium)





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USRAW4

Workshop

Saturday, 18 December 14:00 - 17:00 Ultrasound guided regional anaesthesia workshop (4) - Advanced lower limb blocks

\*\*IMPORTANT NOTICE: access is limited to pre-registered delegates

#### Chair:

Patrick Scheiermann (Munich, Germany) Roland Tomasi (Munich, Germany)

Anatomical introduction

Carla Avila González (Augsburg, Germany)

Station 1: Psoas compartment block

Station 2: Suprainguinal fascia iliaca block

Station 3: Anterior hip capsule (PENG) block

Station 4: Proximal sciatic nerve block

Station 5: Distal sciatic nerve block

Station 6: iPACK block

#### Instructors:

Carla Avila González (Augsburg, Germany) Roland Tomasi (Munich, Germany) Robert Zanner (Munich, Germany) Andreas Schoefinius (Munich, Germany) Markus Geuting ( Bad Rappenau, Germany) Peter Schwarzkopf (Borna, Germany)

The role of acute pain management in improving long-term outcomes

Symposium

03S1

Saturday, 18 December 15:15 - 16:15



#### Chair:

Eric Albrecht (Lausanne, Switzerland)

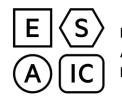
**Does regional anaesthesia impact functional recovery and rehabilitation?** Alan Macfarlane (Glasgow, United Kingdom)

**Development of chronic pain after the immediate postoperative period** Patricia Lavandhomme (Brussels, Belgium)

Does the type of block and/or the injected solution have an influence on the occurrence of chronic pain?

Philipp Lirk (Boston, United States)





ME	03ME2 Meet the Expert	Sunday, 19 December 08:30 - 09:15	Practical guidelines for suspected nerve injury
			<b>Chair:</b> Tatiana Sidiropoulou (Athens, Greece)
			Speaker: Eric Albrecht (Lausanne, Switzerland)
w	USRAW5 Workshop	Sunday, 19 December 09:00 - 12:00	Ultrasound guided regional anaesthesia workshop (5) - Advanced upper limb blocks **IMPORTANT NOTICE: access is limited to pre-registered delegates
			<b>Chair:</b> Patrick Scheiermann (Munich, Germany) Roland Tomasi (Munich, Germany)
			Anatomical lecture Susanne Sujatta * (Bayreuth, Germany)
			Station 1: From the interscalene block to phrenic nerve sparring blocks: Suprascapular nerve block - Axillary nerve block
			Station 2: Supraclavicluar BP block and upper trunk block
			Station 3: Proximal thoracic ESP block for shoulder and clavipectoral fascia block for clavicle
			Station 4: Proximal infraclavicular: Costoclavicular and retroclavicular BP blocks
			Station 5: Axillary BP blocks plus intercostobrachialis nerve block
			Station 6: Rescue blocks of the upper limb
			Instructors: Susanne Sujatta * (Bayreuth, Germany) Rainer Litz (Augsburg, Germany) Stephan-Andreas Schöniger (Augsburg, Germany) Thilo Geiser (Murnau, Germany) Philip Lang (Bamberg, Germany)
			Raoul Breitkreutz (Frankfurt, Germany)





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USRAW6

Workshop

Sunday, 19 December 14:00 - 17:00 Ultrasound guided regional anaesthesia workshop (6) - Advanced trunk blocks

\*\*IMPORTANT NOTICE: access is limited to pre-registered delegates

#### Chair:

Patrick Scheiermann (Munich, Germany) Roland Tomasi (Munich, Germany) Anatomical introduction

### Rainer Litz (Augsburg, Germany)

Station 1: Lumbar neuraxial block

Station 2: Thoracic paravertebral block

Station 3: ESP and retrolaminar blocks

Station 4: PECs and Serratus plane blocks

Station 5: Quadratus lumborum blocks (QLB1, 2 and 3)

Station 6: Abdominal wall blocks

Instructors:

Susanne Sujatta \* (Bayreuth, Germany) Rainer Litz (Augsburg, Germany) Stephan-Andreas Schöniger (Augsburg, Germany) Thilo Geiser (Murnau, Germany) Philip Lang (Bamberg, Germany) Raoul Breitkreutz (Frankfurt, Germany)